

Training course *of Golf*

Terre Blanche Golf Academy

Program

	DAY 1		DAY 2		DAY 3
1	• Warming up	1	• Warming up	1	• Warming up
2	• Video and Trackman analysis	2	• Long game individual training	2	• Long game individual training
3	• Long game individual training	3	• Chipping	3	• Short game situation and evaluation
4	• Putting				

	DAY 4		DAY 5
1	• Warming up	1	• Warming up
2	• Video analysis	2	• Long game individual training
3	• Long game individual training	3	• Short game situation and challenge
4	• Bunker	4	• Debriefing of the 5 days session